

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.Ed. DEGREE EXAMINATION – April 2019****First Semester****HISTORY, PRINCIPLES AND FOUNDATION OF PHYSICAL
EDUCATION**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Physical training.
2. Write two objectives of physical education.
3. Adolescence.
4. Law of Frequency.
5. Types of learning.
6. Define Epic Age.
7. Write short note on Arjuna award.
8. Define Chronologic Age.
9. Athletic Heart.
10. Write short note on Ancient Olympic Games.
11. Write short note on SDAT.
12. Define Vital Capacity.

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Explain Adulthood Period.
14. Explain conditioned response theory.
15. Define development of physical education during British period.
16. Explain theories of learning.
17. Explain growth and development during childhood.
18. Explain transfer of learning.
19. Explain role of sports development.
20. Write a note on Rajiv Gandhi Khel Rathna Award.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Explain meaning, definition and importance of physical education.
22. Explain in detail laws of learning.
23. Write notes on Asian games and Common Wealth Games.
24. Explain the role of Physical Education in development of general education.
25. Explain National Day and Association of Indian Universities.